

**GRANT FUNDED  
BY:**

# COMMUNITY PREVENTION

A voluntary system of support and services for children, young people, and families.



# Community Prevention



SUPPORTIVE COMMUNITIES • THRIVING FAMILIES

Bring Up Nebraska is administered by Nebraska Children and Families Foundation.



**nebraskachildren**  
AND FAMILIES FOUNDATION

For additional information on community resources and the work of the Community and Family Partnership, visit these websites:

[www.columbusunitedway.com](http://www.columbusunitedway.com)

[www.communityandfamilypartnership.org](http://www.communityandfamilypartnership.org)

**Columbus Area  
United Way**



@ColNEUnitedWay



@colneunitedway



**Families who choose to participate in Community Prevention (CP) partner with a Family Coach to identify needs which may include, but are not limited to:**

- Finding resources for basic needs including housing, utilities, food and transportation.
- Parenting skills & managing children's behavior challenges.
- Life skills including job search
- Budgeting and money management.
- Child care and education resources.
- Adult education and GED resources.
- Finding new connections in the community.
- Building a family support system personalized to family needs and individual situations.

**Who can we serve?**

- Single and two parent families WITH children 18 and younger living with them
- Parents/caregivers can be legal guardians (or not) to the children
- Probation cases if determined there is a need beyond what Probation can provide for the individual
- Pregnant or parenting youth/young adults
- Young adults without children (ages 19-25)



**To connect with services call or email:**

**Central Navigator**

402-366-5615  
centralnav@columbusunitedway.com

**Community Prevention Director**

402-270-3661  
kwythers@columbusunitedway.com

**For assistance in Spanish, call or email:**

**Bilingual Central Navigator**

402-615-0099  
bmaldonado@columbusunitedway.com

**Bilingual Community Prevention Coach**

402-270-3623  
gramirez@columbusunitedway.com

**For youth mental health voucher referrals call or email:**

Community Prevention Central Navigation  
402-366-5615  
centralnav@columbusunitedway.com

**Interested in Learning More?**

- Contact a school social worker, counselor, home visitor or staff at a community service agency, or call the Central Navigator at 402-366-5615.
- If eligible, you will be contacted by a Community Navigator.
- After reviewing the responsibilities of both you and your Family Coach, he/she will help you decide how to best partner with you to meet your family's needs.
- Your Family Coach will work with a team to assist you and your family in meeting your goals, big or small.
- You and your Coach will communicate through home visits, phone calls, and team meetings all centered toward you and your family.

The key to the success of working with your Coach is being an equal partner in the efforts to meet your goals.